



Catspaw presents ...

Jo Ashbeth Coffey - Bellydancing performance and workshops prices



The following are all basic guide fees. Travel, accommodation and other expenses need to be added for a total cost.
Prices valid Summer 2014 Please email for a quote on jo@shimmyfitdevon.co.uk

Bellydance lessons/taster workshop

- * Local (EX17) community group eg: WI, clubs etc – half hour talk and demo £100
additional have a go workshop(40 min + incl some hip scarves) £120
- * Party e.g. hen, birthday or charity event – 1-3hr – incl. loan of a few scarves £200
- * Relaxed Fun Simple Introduction to Bellydance workshop or Shimmy Fit 1hr- £200
- * Other workshops for any event – each (for dance events see below) £250
additional supply of 10 jingly coin belts to keep as souvenirs (or loan @half price) £100
- * Corporate dance workshop (leave your comfort zone exercise) £200
additional supply of 20 jingly coin belts for student use during workshop £200



Bellydancer workshops (ie: workshops suitable for dancers with basic knowledge)

Minimal teaching of moves. Various selection of workshops (examples below – email for a list/suggestions or see website)
In the same day: 1st workshop £200, 2 workshops £250, 3 workshops £300 (2nd consecutive day = £150/200/250)

- * Get Balanced: exploring elements of balance and techniques to help the less stable incl. Undizzy turning 1.5 hr
- * Super stretches: based on sports coaching training basic toe to top stretch routine (suitable for non-dancers too) 1.5 hr
- * Simple choreo: suitable for those with 1+term dance (group number)



Bellydance performances at restaurants or similar environment (eg background atmosphere work)

Per set; 1 set is between 5 and 14 minutes long (my choice) and usually includes 1 or 2 dances, sometimes 3

- 1 set £100 , 2 sets with up to 1 hr gap £150 , 3 sets with up to 2x1hr gap £200

Bellydance performances at weddings, parties, corporate events etc (eg featured)

1 set is between 5 & 10 minutes and usually includes 1 or 2 dances, sometimes 3. Sets can be separated by up to 1 hr.

- 1 set £150 , 2 sets with up to 1hr gap £200 , 3 sets with 2x up to 1hr gap £280, 4 set +3x1hr gap £375

Regular classes

Taster classes run at the beginning of term for £8 each, courses are 10 weeks long and cost £80 currently

ShimmyFit dance exercise drop in sessions are between £5 and £7.50 for each 1 hour session.

Individual student additional tuition available from £20/hr (plus venue, plus travel) for blocks of 5 classes when booked in one go.

Single class of individual (or duet) tuition £40 (plus venue, plus travel) with student specific preparation and assessment and notes.

Other expenses

Travel is charged mileage @ 45p/mile (tax office mileage rate) plus £20 for each hour or part there-of travelling over 45 minutes.

Eg: Total travel time of 40 minutes only costs mileage. Total travel of 1hr20min = mileage+£20 OR Total travel of 2hr 40 = mileage+£40.

Venue for regular classes is provided by me. For performances/hen nights etc it is presumed you will provide the venue and a changing area. For private tuition I can book various venues, including a dance studio or various halls. Room hire cost is in addition to fee.

Accommodation – when required: B&B or hotel is acceptable. For some events alternatives are possible if I have contacts nearby. If Catspaw agency arranges accommodation cost to client will either be actual accommodation costs or a token payment of £40/night.

Refreshments - If attending for any length of time and food is already available for guests then something to eat after dancing is very much appreciated, as is a drink. Before dancing I will seldom eat much and usually only drink water, sometimes fruit juices.

Additional items - Coin belts/other accessories can be ordered in advance for reasonable £.

Basic PA and CDs for the evening can be supplied for between £50 and £150/night dependent on requirements. Sound engineer available.

Show with performance including storyteller “arabian nights style” and dancer(s) also available through Catspaw Authentic Entertainment

www.catspaw.uk.net/Shows/arabiannightsadv.html

Discounts – Are often possible for local events & for those which may draw new students to regular classes (beginning of term) .

Other discounts may be available for various reasons: just ask.

www.shimmyfitdevon.co.uk or www.catspaw.uk.net

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